## **ROLAND VAZQUEZ** (845) 616-7301

P.O. BOX 33, RED HOOK, NEW YORK 12571

## OHIO DAY OF PERCUSSION DRUM CLINIC 5/9/09:

## TALKING PART: 6 POINTS TOWARDS PROGRESS

It can seem easier these days to lose our confidence or purpose to fears & phobias (i.e. fear about "success"; phobia about techniques or practicing); finding a system that keeps you centered and empowered by your daily work is absolutely necessary. Following are some ideas that might help:

**1) ESTABLISHING THE "MIRROR":** finding a process for daily centering and communication with your instrument. (breath, yoga, warm-ups)

## 2) IDENTIFYING THE MAIN ELEMENTS:

TIME (the platform on which music happens); TECHNIQUE (vocabulary & muscle memory); SOUND (what is my "sound"?).

3) DEVELOPMENT OF DISCRETIONARY EAR: (what is the "discretionary" ear? – how do I get one?).

4) RECALL MY PURPOSE: what is the INTENT of this music? Why am I here?

**5) RECOGNIZING THE POWER & VALUE OF PROCESS** ... as a main basis for PROGRESS ... how am I "empowering" my own process? Do I empower others when I am playing music?

6) LEARN TO VALUE ALL EXPERIENCE: learning to "listen" (inwardly) ... no matter what or where the situation. This step can turn "stumbling blocks into stepping stones". There is no lost energy - > only a changing of the form.

**PLAYING PART**: Roland and the Ohio University Percussion Ensemble will perform music from his Afro Latin suite "Music for Percussion Quartet & 3 Jazz Players" ("Tu Sabes?" & "Sevilla").

QUESTIONS >>> ????

"Music has purpose whenever you are playing consciously – but it becomes more meaningful when it is structurally sound & revealing of some relevance or truth ..."

Roland Vazquez Roland Music/ RVCD

CONTACT: romu@rolandvazquez.com

Special Thanks to Prof. Roger Braun, OU Faculty, and members of OHIO PAS!!!